

# Essex Swimming League - Announcements

**These announcement MUST be made prior to the warm up and AGAIN at the start of the gala.**  
**Check the Pool Profile document for information specific to your pool.**

## **Safety:**

You are reminded that the depth of the water at the shallow end is [announce depth] and at the deep end is [announce depth]. Starting blocks are [announce height] above the water level at the deep end.

**Make ONE or MORE of the following announcements depending on the profile of the pool:**

1. *If the water depth is less than 1.35m at the end of the pool where starting takes place, you must make the following announcement:*

- **Due to the water depth at [name the end(s) of the pool], all starts at that end must be in the water**

2. *If the water depth is 1.35m **but** the height of the pool edge is less than (or equal to) 0.4m above the level of the water you must make the following announcement:*

- **Coaches and team managers are reminded that ONLY those swimmers who have reached the standard of the Swim England Preliminary Competitive Start Award are permitted to start with a shallow racing dive from the side of the pool. Swimmers who have not reached this standard must start in the water.**

3. *When the water depth is 1.35m or more and starting blocks are provided, you must make the following announcement:*

- **Coaches and Team Managers are reminded that ONLY those swimmers who have reached the standard of the Swim England Competitive Start Award are permitted to start with a shallow racing dive from the starting blocks.**

4. *If the water depth is less than 0.9m at the end of the pool where starting or turning takes place, you must make the following announcement:*

- **As the water depth is below 0.9m at (name the end(s)) of the pool, you are reminded that this depth is considered insufficient for tumble turns.**

**ALL the following announcements are to be made:**

If there is a false start, you must continue with a shallow racing dive, you must not topple into the water head downwards as this is dangerous.

If you are starting in the water, you must lower yourself over the side; do not jump or dive.

The signal that you will hear if it becomes necessary to evacuate the building will be (announce here the type of alarm, as given in the Pool Safety Operating Procedures and give a sample sounding if possible)

To evacuate the building, all those present must use the marked emergency exits. Swimmers and officials must not return to the changing room to collect their clothes or belonging.

You are permitted to take photos or record videos but these should be:

- For personal use only.
- Should not state names or where taken if they are to be published on social media.
- Should be appropriate to the surroundings – care should be taken when taking photographs of non-family members.

The promoter reserves the right to decline entry to any person who is found to be breaching the above guidelines.

If you are concerned about any photography taking place at this event, please contact the promoter or meet organiser to discuss the matter.

Swimmers are advised to remove all jewellery in order to prevent accidental injury to themselves.

## **General:**

Silence is requested at the start of each event. Please ensure that all Mobile phones are switched off, or are on silent mode.

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*Interim announcements of team totals and placings should be made during the gala. Announcements of individual event placings may also be made at the announcer's discretion, but these should not impede progress of the gala.*

*At the end of the gala the announcer should announce the final result, next gala date (if known), thank people for coming and direct people to the league website [www.essexswimleague.org.uk](http://www.essexswimleague.org.uk) for final results, current league tables and future fixtures.*